



World Health Day 2020 (April 7)

Each year, April 7 marks world health day. For 2020, world health day is themed "*The year of nurses and midwives*", to throw more light on the contributions of this group of health workers and the need to support their contribution towards sustainable development in health and well-being. Globally, 70% of the health and social workforce are women. Of the 43.5 million health workers in the world, it is estimated that 20.7 million are nurses and midwives. Nurses and midwives account for nearly 50% of the health workforce. For decades female nurses have been at the forefront of innovations in health care delivery. The WHO estimates that, for all countries to reach Sustainable Development Goal 3 on health and well-being, the world will need an additional 9 million nurses and midwives by the year 2030.

World Health Day Amidst the COVID-19 Pandemic

In the global fight against COVID-19, health workers at the front-line of the response, are exposed to hazards that put them at risk of infection. These hazards include pathogen exposure, long working hours, psychological distress, fatigue, occupational burnout, stigma, physical and psychological violence. With the high proportion of women employed in the health sector, this also presents gender equality issues such as risk of losing economic gains, increased exposure to workplace hazards and even violence. For gender equality, good health and the well-being of all, remember that staying at home and good hygiene practices today, protects the fundamental human rights to life, health and safety of our frontline health workers, who in return will save lives for the greater good.

Good Tech for Good Health and Wellbeing

- Data for Good: The Tech Community's Response to the Coronavirus Pandemic ([Read Article](#))
- These new gadgets were designed to fight COVID-19 ([Learn More](#))
- How Artificial Intelligence Is Helping Fight The COVID-19 Pandemic ([Learn More](#))
- How Artificial Intelligence, Data Science And Technology Is Used To Fight The Pandemic ([Learn More](#))
- Technology connecting patients to physicians virtually ([See how](#))
- How nurses have brought innovation to patient care that has profoundly changed human health ([See how](#)) ([Listen to Podcast](#))